

**National Alliance for Hispanic Health** focuses on bettering the health and wellbeing of Hispanics by improving quality of care and its availability to all.

**healthyamericas.org**

**National Latino Behavioral Health Association** brings attention to the great disparities that exist in areas of access, utilization, practice-based research and adequately trained personnel for Latino populations in the behavioral health arena.

**nlbha.org**

**MANA, A National Latina Organization** represents the interests of Latina women, youth and families on issues that impact our communities, particularly in the areas of education, health and well-being, financial literacy, equal and civil rights, and immigration reform.

**hermana.org**

**Life is Precious™** prevents suicide in young Latinas by combining counseling, arts therapy, academic support, and nutritional and fitness activities.

**comunilife.org/lip**

**Therapy for Latinx** a new online database that helps Latinx people find mental health professionals in their own communities.

**therapyforlatinx.com**

**SanaMente/Each Mind Matters** is a California born mental health movement, which offers culturally focused information and resources on mental health and wellness in Spanish on their website.

**sanamente.org**



**American  
Foundation  
for Suicide  
Prevention**